

THROW IT OFF

and **Run**



our historical heroes

HEBREWS 12:1-2

1 Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us.

2 Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

“We are surrounded by such a great cloud of witnesses...”

- ✓ they surrendered and served
- ✓ they struggled and strained
- ✓ they succeeded in spiritual strength

our holy highway

“Let us run with perseverance the race marked out for us.”

- ✓ a righteous race
- ✓ a rough road

our heavy hindrances

“Let us throw off everything that hinders...sin that so easily entangles...”

- ✓ sinful affections and addictions
- ✓ shortsighted priorities and prerogatives
- ✓ spiritual brokenness and bitterness
- ✓ stifling fears and faithlessness
- ✓ satanic condemnation and criticisms

our heavenly helper

“Let us fix our eyes on Jesus, the author and perfecter of our faith...”

- ✓ Christ at the first
- ✓ Christ at the finish
- ✓ Christ in focus
- ✓ Christ the faithful

PHILIPPIANS 3:12-14

12 Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me.

13 Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead,

14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.